

## (Cycling on the Northeast Coast)

Crossing the New Taipei City and the Yilan County, the Old Caoling Loop Line Cycle Route is a 20 km round trip. It took 2 billions NT dollars and 2 years to overcome the ramps by ecological engineering methods, which successfully saved the beautiful panorama scene of the Pacific Ocean along the route. You may start the trip from south exit of Old Caoling Tunnel, and cycling down to Shicheng of Yilan County. Also you may start from Fulong Station. After you arrived south exit of Old Caoling Tunnel (in about 5 km), leave the Tunnel through Shicheng side exit, then turn north and follow the path of Coastal Highway (Provincial Highway No.2).



## (Scenic Spot & Local Cuisine)

There are many beautiful sights along the Cycle Route such as Shicheng Scenic Area, which is a nice place to stop for a cup of coffee while enjoying the spectacular landscape of the Turtle Island, San Diego Cape Lighthouse located at the east cape of Taiwan; Four Square is famous for its ocean view; Lailai Marine Terrace is a geographical viewpoint which is also known as "Devil's Washing Board", and the "Stone House" of fishing village at Maoao is definitely worth taking a view. Back to Fulong, nothing's better than having a delicious lunch box to regain energy. It's about 15 km in total length.



Route Name	Old Caoling Loop Line Cycle Route
Date	2011
Feature	The very first bicycle lane network of "Demonstration Project of Bicycle Network for Eastern Region"
Town/City	From Gongliao Dist., New Taipei City to Toucheng, Yilan County
Distance	About 20 km
Route Directions	Fulong Station → Old Caoling Cycle Route Tunnel → Shicheng → Shicheng Service Area (turn north along Provincial Highway No.2) → Lailai Geo Area → Four Square Scenic Area → San Diego Cape Lighthouse → Provincial Highway No.2 → Maoao Fishing Village → Dongxing Temple → back to Fulong
Duration	2 hours
Pavement	Asphalt
Vegetation	Seashore Flowering Plants, such as Alfred Stoncorp, Oriental False Hawksbeard, Mazus Miquelii, Formosan Torenia, Taiwan Argimony, Dianella, etc.,
Ecology-Animals	Blue Tiger butterfly, Euploea butterfly and birds.
Safety Notices	The brick bicycle paths of Northeast Coast ensure pleasant cycling experience; however, some slopes are still too steep to ride. Please obey the instructions, get off the bicycle and walk through those dangerous ramps. The paths overlapped with Provincial Highway No.2 could be dangerous due to the traffic, please be advised to take precautions against reckless driving.
Equipment	Safety equipments as below are recommended: helmet, gloves, proper clothing includes suit and shoes, bicycle bell, tail lights, etc.,
Bicycle Rental	Most bicycle rental shops concentrated on either Fulong Street near Fulong Station or Provincial Highway No.2. Some other shops located at Old Caoling Tunnel north exit. It is recommended to purchase rental car insurance when renting a car.
Transportation	Take a train to Fulong Station will be the best way to enjoy the relaxing cycling trip around Fulong area. In addition to Old Caoling Tunnel, Longmen and Yenliao area and Fulong Seaside Cycle Route are also recommended.

## Safety Notices of Cycling



Mind the lock in case it stuck into the front wheel



Check the bell, head lights and tail lights.



Check tire pressure and brakes.



Adjust the seat height.



Wear a helmet.



Avoid side-by-side riding or racing.



Avoid those uneven, bumpy or slippery sections.



Keep away from vehicle and take precautions to traffic.



Must handle the bicycle with both hands, do not use cell-phone when riding.



Do not take passenger on back seat, or put overweight luggage in front basket.



暨宜蘭海岸國家風景區管理處  
Northeast and Yilan Coast National Scenic Area Administration



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## The Old Caoling Loop Line Cycle Route

It **WHEEL** be a good time.



The Old Caoling Loop Line Cycle Route  
It WHEEL be a good time.

The route along the Northeast Coast is the most beautiful coast line here. Just enjoy the wind from the sea when cycling, and comfort both your mind and body. It's carbonfree and a stylish way to enjoy such a spectacular experience in your trip.



# Period of opening of Old Caoling Tunnel .....

**6/1-9/30**

Hours of opening:  
**08:30-17:30**  
(last entry at 17:00)

**10/1-5/31** next year

Hours of opening:  
**08:30-17:00**  
(last entry at 16:30)

**Caution:** Hiking through the Old Caoling Tunnel is allowed on weekdays only. Due to the number of bicycle rider increases on weekend and holidays, please **DO NOT** walk into tunnel for safety reason. **Inside the tunnel is wet and slippery, please slow down your speed.**



1 Fulong Visitors' Center



7 Lailai Marine Terrace



2 Fulong Train Station



8 Lailai Recreational Area



3 Monument for the Japanese Engineer



9 Four Square Sightseeing Area



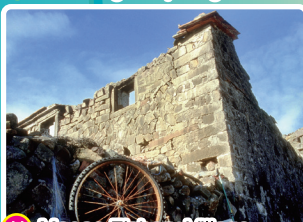
4 Old Caoling Tunnel



10 San Diego Cape Lighthouse



5 South Tunnel Entrance Recreational Area



11 Maoao Fishery Village



6 Shihcheng Scenic Area



12 Dongxin Temple

